

Rotary
CLUB CHANDIGARH

UNITE
FOR
GOOD

Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

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ISSUE 29 | 19 January 2026

HOME CLUB OF **Rajendra K. Saboo**
ROTARY INTERNATIONAL PRESIDENT
1991-92

Francesco Arezzo
ROTARY INTERNATIONAL PRESIDENT
2025-26

Ravi Prakash
DISTRICT GOVERNOR
RI DISTRICT 3080

Abha Joshi Sharma
CLUB PRESIDENT

Arun Aggarwal
CLUB SECRETARY

WARMTH OF LOHRI, WARMTH OF ROTARY

The cold evening of 12th January was transformed into a warm and vibrant night as the Rotary Club Chandigarh family gathered at the Rotary House to celebrate the festival of Lohri! The dhol beats had everyone grooving on the lawns, surrounded by the warmth of the golden red bonfire.

The air was filled with cheer, laughter, and infectious energy as Vice President Rtn. Rajinder Kaur led the singing group with her melodious voice, joined by Anne Madhavi Munjal, Rtn Lalitha Grover, PP Neena Singh, and Anne Neeru Malhotra. President Abha even joined in with a few soulful lines! The Mitha Mitha song "Gud Naalon Ishq Mitha" and the classic "Sundar Mundariye" had everyone dancing and tapping their feet.

Was it the warmth of the bonfire or the warmth of the Rotary family bond? Whatever it was, it was pure magic! The evening was filled with fun, frolic, and memories to cherish. And to top it all, the Mejie family treated everyone to a sumptuous dinner, complete with Gachak, Rewri, and Moongphali!

The evening was a testament to the power of community and camaraderie. Rtn Pradeep Kumar and Rtn spouse Pritpal Singh entertained the crowd with energetic songs, while everyone danced around the bonfire, soaking in the joy and warmth.

A huge shoutout to PP Hassan Singh Mejie and Anne Harkiran Mejie for their gracious hospitality, and to PP Manmohan Singh Kohli for organizing a delicious gourmet platter. The evening was conceptualized by PP Neenu Vij, and brought to life by President Abha and her amazing team, including Secretary Arun Agarwal, Rtn




Lalita Grover, Rtn Prem Mahindroo, Rtn Sanjay Sharma, and the office staff.


The event was graced by the presence of esteemed Rotarians from other clubs, who were felicitated with a token of appreciation. We extend our gratitude to Assistant Governor Rajinder Singh Cheema, Assistant Governor Harpreet Singh Rekhi, and Presidents from other clubs, for joining us and making the evening even more special. Three cheers to Rotary Club Chandigarh for making it a Lohri to remember!

Monday 19th January
6pm

Learning From Experiences




ADMIRAL SUNIL LANBA
PVSM, AVSM, PJG IN (RETD)
Ex Chief Of Naval Staff




Rotary House, # 107a , sector 18,
Chandigarh

Monday 19th January
6pm

Fellowship Hosts



Rtn Manmohan & Rtn Dr Nirupma Luthra



Rotary House, # 107a , sector 18,
Chandigarh

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WARMTH OF LOHRI, WARMTH OF ROTARY



CELEBRATIONS

Birthday Greetings:

21 Jan Rtn Abhitesh Singh Sandhoo
22 Jan Rtn Dr Rajinder Kaur
22 Jan Rtn R K Taneja
22 Jan Rtn Manan Gupta
23 Jan Rtn Harpreet Chahal
23 Jan Rtn Atul Gandhi
25 Jan Rtn Dr Bhavneet Bharti

Anniversary Greetings:

19 Jan Rtn Madhu Lalli & Sh. Hitinder S. Lalli
21 Jan Rtn Amit Jain & Ann Nidhi
24 Jan PP Prof Paramjit Singh & Ann Harjit Kaur

9872700011
9815330911
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9814469688

With Best Compliments from
Rtn Jagesh Khaitan

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Welcome Board of Directors 2026-27

CLUB MENTOR

- | | |
|------------------------------------|-------------------------------|
| 1) President | PRIP R.K. SABOO |
| 2) Immediate Past President | Rtn Teena Avninder Virk |
| 3) President-Elect | Rtn Abha Joshi Sharma |
| 4) Vice President | Rtn Col. Alok Batra |
| 5) Treasurer | Rtn Sartaj Lamba |
| 6) Secretary | PP Rtn Anil Chadda |
| 7) Joint Secretary | Rtn Shabana Azam |
| 8) Director, Club Service | Rtn Dr Aman Bhatia |
| 9) Director, International Service | Rtn Prem Mahindru |
| 10) Director, Community Service | PP Rtn. AP Singh |
| 11) Director, Vocational Service | Rtn Arun Aggarwal |
| 12) Director, Youth Service | Rtn Lalita Grover |
| 13) Counsellor Special Projects | Rtn Shivya Sehgal |
| 14) Counsellor Strategic Planning | PDG Rtn Madhukar Malhotra |
| 15) Sergeant at Arms | PDG Rtn Praveen Chander Goyal |
| | Shuchita Luthra |

TB ERADICATION PROJECT

Nutritional support is given to the TB Patients of Civil dispensary at Industrial area phase- 1.



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ROTARIANS TAKE BAPUDHAM CHILDREN TO DOLL MUSEUM - an everlasting Gift of PRIP Rajendra K Saboo to the City Beautiful.

January 14: Forty Seven children from Bapu Dham colony Rotary Vidya Sadan were taken for an outing to the International Dolls Museum at Bal Bhavan, Sector 23, today informed Rotary Club Chandigarh President Abha Sharma Joshi.

Some of the Rotarians present on the occasion included Abha Joshi Sharma President, Arun Agarwal, Secretary, Dr. Rajinder Kaur, Vice President, Lalita Grover, PJ Singh, Manmohan Luthra, Vivek Gupta, Prem Mahindru, Hassan Mejie. Rotaractors from Club of Chandigarh & AIMS Mohali present were Harshit Kedia, Hiral, Adarsh, Nagendar, Vidyotma & Puram. The Rotary Vidya Sadan teacher Divya & caretaker Sunita accompanied the children.

Doll Museum

Countrywise doll Display windows covering almost all countries: Sweden, UK, Germany Italy Belgium, Russia, Japan, China, Malaysia, Thailand, Indonesia, India and more.

Theme Based: Ramayan, Eklavya's sacrifice, Sita's syamavar, Compassionate Buddha's & Wounded Deer, Shivaji & Jijabai. Maharaja Ranjit Singh in his first battle.

Tribes of India, Ali Baba & Forty Thieves, and much more.

After a roll call everyone sang the National Anthem. The hall reverberated with the beautiful symphony of Janganmun sung in unison by the students of RVS. Rtn. Lalita was so impressed by it that she wished these RVS student be invited to Rotary Meeting to sing the national anthem.

The Children were divided into 6 groups of 7 children each, they were escorted into the doll Museum by One Rotaractor & one Rotarian.

At the end each child was presented one woollen sweater and refreshment pack. Thanks to Past President Rtn Hassan Mejie, who gifted a sweater and refreshments Pack for each child.

For most Rotarians this was their first ever visit to the Doll Museum and they were pleasantly surprised at the size and theme based presentation, it was all beyond expectation. PJ Singh commented he had been living in



Chandigarh for decades and yet this was his first visit to the Doll museum. Dr. Rajinder Kaur was all excited and all set to bring her grandchildren to visit the Doll museum.

Thanks and gratitude to PDG Madhukar

Malhotra who organised the school bus of Bhartiya Vidya Bhawan.

The Doll Museum is an everlasting gift from PRIP Rajendra K Saboo to the City Beautiful.

प्रोजेक्ट "वृद्धि"

रोटरी एवं ताशविन की पहल



90 सिलाई प्रशिक्षण कक्षाएँ
महिला सशक्तिकरण हेतु

क्या सिखाया जाएगा?

टोट बैग, पाउच, पोर्टली, वेडशीट, लकिया व कुशन कवर, टेबल क्लॉथ,
बच्चों के कपड़े, बेबी वियर, खिलौने आदि।

कोर्स फीस:

- 1 महीना - ₹ 600
- 3 महीने (सर्टिफिकेट) - ₹ 1,500
- 6 महीने (प्रोफेशनल) - ₹ 4,000

फीस फिस्टों में भी जमा की जा सकती है।

सिलाई मशीन व सामग्री उपलब्ध होगी

समय:

दोपहर 3:00 से 5:00 बजे (सोमवार-शनिवार)

दाखिले की अंतिम तिथि: 25 जनवरी 2026

कक्षाएँ प्रारंभ: 27 जनवरी 2026

संपर्क:

रोटरी वोकेशनल ट्रेनिंग सेंटर

107A, सेक्टर-18-A, चंडीगढ़

0172-4015525

RVTC PROJECT "VRIDHI"

Dear Members

We have started a new model for stitching school at RVTC. We intend to start the batch by beginning of February. I request All Dear Rotary family to help us in getting a batch of atleast 10 students by spreading the word to those who need. This is an endeavour towards empowerment by also helping the girls to get jobs or start their own ventures.

Sharing the flyer with you all.

Please help in making this project a Success.

Warm regards

President

Members who attended included President Abha Sharma, PDG Praveen Goyal, Dir. Youth Service Shivya Sehgal, PP Neena Singh, Dr. Bhavneet Bharati, Dr. Prakarsh Singh, Dr. Roma Uppal, Dr. Ardaas Sandhu, and Dr. Shabana Azam. PDG Praveen Goyal praised the session, highlighting the importance of balanced screen time. He explained that screen time has both positive effects (learning, communication, entertainment) and negative effects (eye strain, poor posture, mental health issues). Dr. Ardaas Sandhu discussed an intellectual panel on screen time and mental health, featuring experts from the Indian Psychiatric Society and other fields. He thanked President Abha Sharma for initiating the discussion, which provided valuable insights into managing screen time and its impact on mental health, especially for children. The session emphasized using screen time in a controlled manner to maximize benefits and minimize harm.



Indian Psychiatric Society

North Zone

AN INTERACTION WITH

Rotary Club, Chandigarh

ON

FRIDAY, JANUARY 16, 2026

बात से बात निकलती है

Featuring

A TALK ON

"The Saga of Screen Time"

BY

Dr Gulbahar Sidhu and Dr Deepali Gul

FOLLOWED BY AN INTERACTIVE SESSION



GUEST OF HONOR

Mrs Abha Joshi Sharma
PRESIDENT, ROTARY CLUB, CHANDIGARH

SPECIAL INVITEES
Shivya Sehgal - Director Youth Service
Neena Singh - Past President
Dr. Bhavneet Bharati - Deptt. of Paediatrics, JGIMER
Dr. Ardaas Sandhu - Deptt. of Neuropsychiatry,
GMCH, Sector 32, Chandigarh
Dr. Shabana Azam - Counselor, Hidayat Clinic, Sector 8,
Chandigarh

Date: Jan 16, 2026

Time: 8:00 pm

Mumbai, Kolkata, New Delhi

Meeting ID: 997 8634 9731

Passcode: IPSNZ

JOIN ZOOM MEETING

<https://rotarypharma.zoom.us/j/99786349731?pwd=kvbGtQIH0AroF8cUStK93mi1v2hVz.1>



Dr Rajesh Sagar
President,
IPS North Zone



Dr V.D. Meel
Vice President,
IPS North Zone



Dr Deepali Gul
General Secretary
IPS North Zone



Dr Sandeep Grover
Honorary Editor
IPS North Zone



Dr Gulbahar Sidhu
Honorary Treasurer
IPS North Zone

- **The Indian Psychiatric Society - North Zone** interacts with society, including students and parents, to address mental health issues and remove stigma. This session discusses smartphone overuse and screen time solutions.

MEMBERS UPDATE

International Rotary News



Heartiest Congratulations to RI Director Murganandam M on being appointed as Rotary International Vice President 2026-27

Truly a proud moment for the Rotary family. Congratulations to our own Sakshi Katyal on being appointed as the Chairperson of CII-IWN Chandigarh



Tricity Chapter. Wishing her great success ahead!



Our dear member Rotary Nidhi Kapoor ran the Marathon

today morning at Mumbai : The Race to Erace Cervical Cancer With Family Planning Association of India. Inspiring and motivating all.

